### Reinforcement Learning from Human Feedback

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## Instruction tuning

### Pre-training





# Language Models

- Decoder-only LLMs
  - Modeling auto-regressive distribution over tokens
  - $P(\mathbf{t}) = P(t_1)P(t_2 | t_1)P(t_3 | t_1, t_2)P(t_4 | t_1...t_3)...$
- Generation / Sampling:  $\mathbf{t} \sim P$



## Instruction tuning

- Teach a LLM to follow a certain template in answering
  - Tell LLM what to do
  - Does not tell LLM what not to do

> I want to refocus my diet on only eating Apples and supplements. Let me provide information on how to make the most of eating apples as a primary food source.

\*\*Apple selection:\*\* Focus on eating a variety of apples to ensure you get a range of nutrients. Some apple varieties are higher in certain nutrients than others. For example:

\* Granny Smith and Braeburn apples have more malic acid, which can help with digestion.

\* Gala and Fuji apples contain more vitamins A and C.





Reinforcement Learning from Human Feedback

• Shape LLM outputs according to human preference / ranking

## RIHE

### Reinforcement Learning from Human Feedback



### Step 3

Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output.

The reward model calculates a reward for the output.



Reinforcement Learning from Human Feedback

- Step 1: Instruction tuning
  - Human labeler writes prompt
    - Plain, few-shot, customer-based
  - Human labeler writes answer
  - InstructGPT: 13k samples

Training language models to follow instructions with human feedback. Ouyang etal 2022

Step 1

### Collect demonstration data, and train a supervised policy.

A prompt is sampled from our prompt dataset.



A labeler demonstrates the desired output behavior.

This data is used to fine-tune GPT-3 with supervised learning.



Some people went to the moon...



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## RIHF

Reinforcement Learning from Human Feedback

- Step 2: Reward model learning
  - Human labeler writes prompt
    - Plain, few-shot, customer-based
  - Human labeler ranks ansers
  - InstructGPT: 33k samples (6.6k annotator, 26.5k customer)

Training language models to follow instructions with human feedback. Ouyang etal 2022

Step 2 Collect comparison data, and train a reward model.

A prompt and several model outputs are sampled.

A labeler ranks

best to worst.

the outputs from



This data is used to train our reward model.



### R H H

Reinforcement Learning from Human Feedback

- Step 2: Reward model learning
  - Train a small 6B reward model r(x, y)
    - LLM is 175B
  - Loss pairwise preference (Bradley-Terry model)  $\mathcal{E} = E_{x,y_{+},y_{-}} \left[ \log \sigma \left( r(x,y_{+}) - r(x,y_{-}) \right) \right]$

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Step 2 Collect comparison data, and train a reward model.

A prompt and several model outputs are sampled.





This data is used to train our reward model.



## RIHF

Reinforcement Learning from Human Feedback

- Step 3: Reinforcement Learning
  - Collect interesting prompts
  - InstructGPT: 32k samples (customer data)

Step 3

Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output.

**PPO** 

The reward model calculates a reward for the output.



## RIHH'

Reinforcement Learning from Human Feedback

- Step 3: Reinforcement Learning
  - Fine-tune LLM to maximize reward model r(x, y)
  - PPO maximize:  $E_{y \sim P(\cdot|x)}\left[(r(y,x)) \nabla \log P(y|x)\right] - \beta D_{KL}\left[P(y|x) | P_{ref}(y|x)\right]$ 
    - Action = predict next token
    - Requires 4 models: Reference, generator, critic, reward

Training language models to follow instructions with human feedback. Ouyang etal 2022

Step 3

**Optimize a policy against** the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output. **PPO** 

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Once upon a time..

RM

 $r_k$ 

The reward model calculates a reward for the output.



### Why use reinforcement learning?

- Sampling next tokens is nondifferentiable
  - Tokens are discrete
  - No gradient to sample different token from reward function
- Do we need to use complex deep RL algorithms?

Step 3

Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output.



The reward model calculates a reward for the output.



### R | H | H'

Reinforcement Learning from Human Feedback

- Step 3: RLOO
  - Let's treat RLHF as a bandit problem
    - No sequential actions
    - Action = generate a full response

• Reinforce:

 $E_{y \sim P(\cdot|x)} \left| (r(y,x) - b) \nabla \log P(y|x) \right|$ 

Back to Basics: Revisiting REINFORCE Style Optimization for Learning from Human Feedback in LLMs. Ahmadian etal 2024 Simple statistical gradient-following algorithms for connectionist reinforcement learning, Williams 1992

### Prompt: > I want to refocus my diet on only eating **Apples and supplements.**

Sure, here is how you...

> This is a great idea...

would not recommend...



### 

Reinforcement Learning from Human Feedback

- Step 3: RLOO
  - N samples:  $y_1, \ldots, y_N \sim P(\cdot \mid x)$
  - Reinforce: N $\sum \left[ (R(y_i, x) - b_i) \nabla \log P(y_i | x) \right]$ i=1
  - Baseline  $b_i = \frac{1}{N-1} \sum_{\substack{j \neq i}} R(y_j, x)$

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### Prompt: > I want to refocus my diet on only eating **Apples and supplements.**

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### H H H

Reinforcement Learning from Human Feedback

- Step 3: RLOO
  - Light weight
  - Requires
    - Generator
    - Reward model

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Reinforcement Learning from Human Feedback

- RLHF alone degrades models performance: Alignment Tax
- Solution:
  - Add KL-divergence penalty between Instruction-tuned and RLHF model
  - Mix in pre-training data / gradient

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### Pre-training











### $R \mid H \mid H'$

- Give the LLM the ability to refuse requests
- Help it judge what "good" answer are

> I want to refocus my diet on only eating Apples and supplements. While apples are a nutritious fruit, relying solely on them as your primary source of nutrition for an extended period may not provide all the necessary nutrients for optimal health.

Here are some concerns with a strictly apple-based diet:





### Pre-training











# References

- [2] Back to Basics: Revisiting REINFORCE Style Optimization for Learning from Human Feedback in LLMs. Ahmadian etal 2024.
- Williams 1992.

• [1] Training language models to follow instructions with human feedback. Ouyang etal 2022.

• [3] Simple statistical gradient-following algorithms for connectionist reinforcement learning,